

PSALMS

Family Devotional (7/12/20)

Key Point: God is faithful.

Today, we want our kids to learn that God is faithful (He does what He says He will do), and He is worthy of praise and worship.

What we want the kids to know and do:

- That God is faithful. He does what He says He will do.
- The right response to God's faithfulness is praise for who God is.
- God promised to forgive sinners and He always will.
- When they sin, we want them to confess their sins to God and receive forgiveness.
- When they think about God's faithfulness, we want them to praise God for who He is.

Text for Study: Psalm 103 (103:1-5)

Bless the Lord, O my soul,
and all that is within me,
bless his holy name.
Bless the Lord, O my soul,
and forget not all his benefits,
who forgives all your iniquity,
who heals all your diseases,
who redeems your life from the pit,
who crowns you with steadfast love and mercy,
who satisfies you with good
so that your youth is renewed like the eagle's.

Create discipleship time: As a family, listen to the sermon, read through the elementary portion above, and talk about God's Word.

1. What does it mean that God is faithful?
He does what He says He will do.
2. If we believe that God truly is faithful, what does David say we should do in response (v.1)?
"Bless the Lord."
3. What does it mean to bless the Lord?
To honor God with our mouths through praise and worship.
4. Should we "bless the Lord" with part or all of ourselves? What does David say (v.1)?
With "all that is within me." God's children worship and praise God for who He is and what He does from the inside out. Their heart and mind know, love, and trust God; therefore, with their body they obey Him: they praise Him with their words!
5. Is this something sinners can do on their own? Do they naturally see who God is and want to praise Him? **No. Even though we were created to worship and enjoy God, sin has broken the natural desires of our hearts. People with sinful hearts do not naturally praise the God who made them. They need to be given a new, healthy heart.**

6. David says to “forget not” all God’s benefits (v.2). Who tends to forget all God’s benefits?
Sinners. A sinful heart forgets on purpose. Sinners ignore God’s faithfulness and disobey His good commands.
7. Who is David talking to in this Psalm (v.1)?
Himself. His own soul, or heart.
8. Is David a child of God? Does He know, love, trust, and obey God?
Yes.
9. If David is a child of God, why does David tell His own heart not to forget God’s benefits, or God’s faithful works? Because even though David is a child of God and has been given a new heart, this world is still broken and God’s children still struggle with the temptation of sin. Sometimes we need to be reminded of what God does for His children.
10. **Read Psalm 103:3-5 together** (David’s list of God’s benefits or works). What does God do for His children?
God forgives the sins of His children, heals their sick hearts, redeems their life for His purposes, crowns (or shows) them with love and compassion, and satisfies their desires with His presence (He is good; He is what is best for us).
11. The first action of forgiveness is the foundation for the rest. What does God forgive His children of? Their sins.
12. **Read 1 John 1:9.** God forgives His children of their sin because Jesus has already taken their punishment on the cross. Will God ever run out of forgiveness?
No. The Bible says He is ALWAYS faithful to forgive His children. No matter how many times they mess up, if they confess (be honest with God about their sin) and repent (turn from their sin towards God), God will always forgive them because He is faithful to His promises.

****Additional passages for family study:** 1 John 1:9; Eph 1:7; Dan 9:9.

Capture discipleship moments: Recap by asking your kids what they learned.

1. What did we learn about God today?
God is faithful. He says He will forgive His children of their sins and He always does what He says He will do.
2. What did we learn about ourselves today?
When we are reminded of God’s faithfulness, we should praise God for who He is. We should trust that He always does what He says He will do.

Pray together as a family. Ask each member of your family – parents included – to share one thing they would like prayer over. Assign someone to pray for that person’s request. Challenge them to pray for that person all week long. Parents, pray a blessing over your children as you close.

This Month’s Memory Verse

May God be gracious to us and bless us
and make his face to shine upon us,
that your way may be known on earth,
your saving power among all nations. **Psalm 67:1-2**